

BIDFORD YOUTH CLUB

Canoeing/Kayaking sessions

INFORMATION SHEET for 2026 Season

When: Fridays at 6.00 p.m. (weather and river levels permitting)
Where: On the River Avon (meet at Bidford Youth Club)
Who: Any member of the youth club or canoe club aged 9 upwards who has completed and returned the necessary consent forms to Diane Bennett and booked onto a session.

What: Please bring with you:

- ☺ Old lightweight clothes/footwear - **not** jeans
- ☺ Towel & Change of clothing **including** shoes and socks
- ☺ Sun cream if weather is good
- ☺ £5.00 for the session (payable before the session starts)

PLEASE NOTE:

All other equipment is provided including a waterproof kagoule, unless you prefer to bring your own lightweight waterproof top.

You **will not** be allowed to paddle in jeans. You must also have a completed parental consent form **before** the first time you canoe. No consent form – no canoe session!

It is essential that you shower at home soon after having been on the water. There is always a risk of children capsizing and being immersed in, and potentially swallowing, river water. Please cover any cuts or grazes with a waterproof plaster prior to going on the water and if feeling unwell after a session seek medical advice. If it is sunny and hot, please apply sunscreen.

There will be a maximum of 16 members for each session. As the canoe club membership is growing, we will make sure that everyone has a chance to take part but might mean taking part every other week.

Bidford Youth Club Canoeing/Kayaking Parental/Guardian Consent Form for 2026 Season

I give permission for my son/daughter/charge to take part in canoeing/kayaking on the River Avon at Bidford Youth Club under the instruction of qualified staff.

I confirm that he/she can swim a minimum of 25 metres unaided, and that they are medically fit to undertake the exercise.

Name of Member:

Date of Birth:

Address:

Emergency Contact No:

Name of Emergency Contact:

Any medical conditions, conditions, phobias or information of which we should be made aware:

Signed by Parent/Guardian:

Print:

Date:

Photographs may be taken on occasions during sessions for use by Bidford Youth Club for recreational promotional purposes only. Please indicate if you **do not consent** for your child to be photographed, by putting a cross in this box .